

**Progressive Referral Group
Virtual Meeting
Thursday, February 18, 2021**

President: Jeff Metzger
Vice President: Colleen Spangler
Treasurer: Dee Conrad
Secretary: Cheryl Barber

Our next virtual meeting will be Thursday, February 25, 2021 Via Zoom.

Members Present: Kent, Dee, Cheryl, David W, Sara,
Colleen, Christine, Dave Y, Ron R, Erin, Sue, Jeff, Kim, Cenell, Teresa, Caleb, Veronica

Treasurer's Report: \$10,249.19

Referrals Given: 9

Talked to someone as a result of a referral: 5

Discussed PRGL with someone outside the group: 1

New Business:

No New Business

Old Business:

David W. motioned to make Bruce Purdy an Honorary PRGL member, motion seconded by Sara.
Quorum to vote is confirmed. Motion approved by all.

Shout Outs:

Kim thanked Sara
Sue thanked Dee

Announcements:

No announcements

Guest Speaker: Carrie McCullough-C & C Wellness

Carrie & Cenell are both appreciative to PRGL for the \$500 donation.

Carrie reviewed information about C & C Wellness and discussed some of the events they offer including:

- Brown Bag Lunch Program
- Women's Wellness Conference
- Meditation Monday's in May
- High School weightlifting meet to benefit the Nicolas DeSarro Foundation

They are looking to start a knitting circle at Rabbit & Rocket as well as offering some online cooking classes.
Cenell will provide more information on these programs when they become available.

For more information on C & C Wellness visit: <http://www.cwellnessinc.com/>

STAY SAFE & HEALTHY EVERYONE!
Respectfully submitted by Cheryl Barber, Secretary of PRGL